







SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
Faith & Worship 10:15 Every Sunday Inspirational Music Followed by Rosary 3 						
November is: We are Thankful Month 		<i>Fall</i> 		1 9:30 Fitness Fun 10:30 Rosary with Karen 11:00 Book Club w/ Jess 1:00 Shopping to Wal-Mart 	2 10:00 Fitness Fun w/ Nurse Kim & Wellness connection 12:15 Current Events by the fire place 2:00 Trip to City Hall for voting! 	3 9:30 Balloon Toss for Fitness 10:30 Gourmet Coffee Club 1:00 Saturday Afternoon BINGO
4 Daylight Savings Time Ends <u>Set your clocks BACK ONE HOUR</u> 1:00 Packers vs Cardinals In Dining Room 	5 Candy Corn Day! 9:30 Fitness Fun 11:00 Yoga w/ Kali 12:45 Candy Corn Facts 1:30 Candy Corn tasting & Craft 	6 Election Day! 9:30 Fitness Fun 10:30 Bible Study with Elin 11:00 Current Events 1:30 Remember When "Topic Presidents" 	7 9:30 Fitness Fun w/ Nurse Kim Followed By Wellness Connection 10:00 Communion w/ Father Pat 12:00 Bus Trip to McDonalds For Lunch 	8 9:30 Fitness Fun 11:00 Book Club by the Fire Place 11:45 Dancercise! ☺ 1:00 Shopping to Pick "n" Save 6:00 Puzzle Therapy Dogs 	9 10:00 TGIF "Thank Goodness It's Fitness" 11:30 Holocaust Facts & Trivia followed by Turkey Toss 1:00 Cornerstone Movie Theater	10 9:30 Balloon Toss for Fitness 10:30 Gourmet Coffee Club 1:00 Saturday Afternoon BINGO 
11 Veterans Day 12-3 St Matthews Parish Senior Social *Sign Up at Front Desk* 	12 9:30 Fitness Fun Followed by Current Events 11:00 Veteran's Day Trivia 1:30 Remember When	13 9:30 Fitness Fun 10:30 Bible Study with Elin 11:45 Book Club w/ Kali 1:30 Art Appreciation w/ Casey	14 Spa Day 9:30 Fitness Fun followed by relaxation 10:30 Living Well w/ Nurse Kim 1:00 Spa Treatments w/ Jess & Kali	15 American Recycles Day 9:30 Fitness Fun 10:30 Rosary with Kathy 11:00 Reduce, Reuse & Recycle 1:00 Shopping to Target 	16 10:00 TGIF "Thank Goodness It's Fitness" 10:30 Tom Turkey Hunt 1:00 Party Preparations	17 Thankful For Family Day Thankful For Family Day 10:30 Gourmet Coffee Club 4:00 Thanksgiving Trivia and Buy Raffle Tickets 5:00 Family Thanksgiving Dinner
18 1:00 Packers vs Lions In Dining Room 	19 9:30 Fitness Fun 11:00 Current Events 1:00 Book Club	20 9:30 Fitness Fun 10:30 Bible Study with Elin 11:30 Men's Social 1:30 Thankful Turkey Craft 	21 9:30 Fitness Fun 11:00 The Thankful Game 1:30 Shopping to Woodman's 	22 Thanksgiving Day 9:00 Macy's Thanksgiving Day Parade in Main Dining Room 5:00 Traditional Thanksgiving Dinner 6:30 Holiday Movie 	23 10:00 Fitness Fun 11:30 Puzzle Challenge 1:30 Hymn Sing with C.C. 	24 9:30 Balloon Toss for Fitness 10:30 Gourmet Coffee Club 1:00 Saturday Afternoon BINGO 
25 8:20 Packers vs Giants In Dining Room 	26 National Cake Day 10:00 Fitness Fun followed by Current Events 11:30 Cake Trivia 1:00 Edible Delights	27 9:30 Fitness Fun 10:30 Bible Study with Elin 1:30 Remember When 2:00 Resident Wine & Cheese Social	28 9:30 Fitness Fun 11:30 Book Club w/ Jess 1:00 Pumpkin Pie Tasting 2:00 Men's Movie Day "John Wayne Film"	29 9:30 Fitness Fun Followed by Current Events 11:00 Rosary w/ Karen 12:30 Shopping to Dollar Tree 2:00 Vegas Day Prep! ☺	30 Vegas Day 10:00 Fitness Fun "Dice Toss" 11:30 Las Vegas Trivia & Facts 1:30 Cornerstone Casino! 5:00 Special Vegas Style Dinner 5:30 Las Vegas Music & Cocktail Lounge 	